



## Purpose

To support the body's natural production of Glutathione.

## General Description

Max One, powered by exclusive RiboCeine™ technology, is the most effective way to help your body produce Glutathione on demand. The key to helping the body produce Glutathione is in providing cysteine to the cell, a fragile amino acid necessary for the production of Glutathione. RiboCeine™ solves this challenge by effectively protecting and delivering the fragile cysteine molecule in a coupled form to ribose, a simple and natural sugar. Cysteine is received by the cell, enabling the body to produce Glutathione when your cells need it most and according to the cell's own wisdom.

## Unique Attributes of Max One

Max One protects and delivers the essential building blocks for Glutathione production better than any other product available.

Max One features RiboCeine™ technology, which has been shown to be 300% more effective than N-Acetyl Cysteine (NAC) in raising liver Glutathione levels.

Riboceine™ is based on 25 years of scientific research and is supported by 18 peer-reviewed and published clinical studies.

## Benefits of Increased Glutathione with Max One

As the body's "master anti-oxidant" Glutathione is critical to the function of every cell in the body. It is your body's natural defense against oxidative stress, which if left unchecked, can lead to inflammation and the onset of disease and accelerated aging. Benefits of Glutathione:

- Strengthens the immune system
- Fights cellular inflammation
- Supports energy (ATP) production
- Slows the aging process
- Protects against oxidative stress and free radical damage
- Exports toxins out of the cell

## FREQUENTLY ASKED QUESTIONS:

### How long do I need to take Max One?

Using Max One to increase Glutathione is like any other supplementation which requires ongoing use. Max products have been shown to increase Glutathione up to 300% after 60 days of continual use. To maintain results, daily use is recommended.

### What will happen if I stop taking Max One?

It usually takes 4-8 weeks for your Glutathione levels to drop back to where they were before using Max One.

### Is this covered by my insurance?

No. Max One is a nutritional supplement that employs the body's natural defense against inflammation, toxicity and loss of energy. Like most nutritional supplements, it is not covered by insurance.

### Does this replace other supplements I am taking?

No. Max One is a unique product that is solely designed to give the body the building blocks for Glutathione production. Proper daily nutrition is still recommended to maintain optimal health. Be sure to ask your doctor about Max N-Fuze, a daily use supplement for general nutritional requirements and cellular defense that was designed to work synergistically with Max One.

### What will I notice on Max One?\*

While maximum benefits occur after 60 days of use, most notice the following benefits within a few weeks:

- Improved quality of sleep
- Less joint and muscle discomfort
- More energy
- Increase physical stamina
- Improved mental clarity
- Detoxification
- Improved skin

### Are there any negative side effects?

No. Max One is simple to digest and has no known side effects or drug interactions. However, Glutathione is a natural detoxifier, therefore detoxification symptoms may occur for a few days such as mild headaches, increased thirst, increased visits to the bathroom and fatigue. For more information on cellular detoxification, see reverse side.

## Directions for Use

Take one capsule twice daily with water. Many physicians recommend one capsule in the morning and one capsule after lunch for best results. Standard dosage is based on 175 pounds. Additional dosage may be recommended if over 175 pounds or very active.

## Supplement Facts

Serving Size 1 capsule  
Servings per container 60

	Amount per Serving	% Daily Value
<b>RiboCeine™</b> (D-Ribose_L-Cysteine)	125 mg	*†

\* Percent Daily Values based on a 2,000 calorie diet  
† Daily Value not Established

**Other Ingredients:** Microcrystalline cellulose, vegetable capsules, stearic acid (kosher, vegan, non-GMO), silicone dioxide

## Guarantee/Warning

This product has been manufactured in the USA in strict conformance with industry standards. Purity and potency guaranteed. Store in a cool, dry place.

**Warning:** Keep out of the reach of children. This product is for adult use only. It is not intended for use by young children, pregnant women, or nursing mothers.

This product is not intended to diagnose, treat or prevent any disease.

## Detoxification and Glutathione

As the process of toxin extraction occurs, some people experience symptoms that are directly related to this process. The typical reaction to expulsion of toxins may involve flu-like symptoms including, but not limited to, fatigue, brain fog, headache, sore throat, a feverish feeling, more frequent trips to the bathroom, and joint or muscle discomfort. Symptoms not associated with detoxification such as hives, runny nose, and/or a shortness of breath may represent allergic reactions and one should immediately cease supplementation with Max One. For those experiencing a detoxification reaction with Max One, it is recommended that they decrease the supplementation down to one capsule per day, drink plenty of water, eat wholesome, fresh foods, and gradually increase the supplementation amount back to the recommended dosage as is comfortable and tolerable. In some people detoxification reactions may not occur until they are on Max One for weeks to months, and in those with severe toxic/bacterial/viral exposure, it may re-occur multiple times as they cleanse their cells at a deeper and deeper level. If this does occur it is again recommended that one decrease the dose until the symptoms diminish and/or disappear and then increase slowly. It is important to understand that the human body utilizes water as its principal medium to expel toxins. A current recommendation for water intake is ½ oz. of water per pound of body weight. The goal is to exercise patience and understand that ultimately the body will function better when it is cleansed of environmental toxins.

## The Economics of Good Health

Supporting your body's production of Glutathione is an investment in your health. In the world of Glutathione support products, there is only ONE CHOICE. Max One.

Prior to Max International's products, a legitimate means of increasing the body's production of Glutathione did not exist. For instance, un-denatured whey proteins made a modest impact, however it is expensive to consume and delivered in a liquid form that is unpleasant to patients. Intravenous therapy has been the treatment of choice for physicians who are aware of the critical role of Glutathione in the body. However the true results at the cellular level are limited and patients are usually unwilling to undergo regular injections. Less expensive options such as whole Glutathione have long been known to have limited effect since Glutathione is a delicate molecule that is broken down in digestion making it useless at the cellular level.

**Max products are the only products that have been shown to increase intra-cellular production of Glutathione up to 300%**

	Max One	Whey Proteins	IV Therapy
Cost/Month	\$75	\$90	\$150
Ease of Use	Yes	No	No
Increase in cellular Glutathione	300%	20-40%	No

The profound impact this has on the function of every cell and tissue cannot be emphasized enough. The decision to support Glutathione in your body is as intuitive as the decision to drink clean water and breathe pure air when given the option.